

SLEEP WALTZING

W II+1

COMPOSER: Bill Owen, 509 Todd Branch Drive, Columbia, SC 292223
RECORD: Grenn 17190
FOOTWORK: OPPOSITE, WOMEN'S SPECIAL INSTRUCTIONS IN PARANTHESIS
RHYTHM: WALTZ PHASE II+1
SEQUENCE: **INTRO A B A B ENDING**

INTRO

- 1 – 4 WAIT; WAIT; APT, PT; TOG, TCH TO CP LOD;**
1 - 4 Wait 2 meas in Op fcg DLW;; apt from ptrn L, pt R, -; tog R to CP/LOD, tch L, -;
5 - 8 BOX;; REV BOX TO SCAR;;
5 – 6 Fwd L, sd R, cl L; bk R, sd L, cl R;
7 – 8 Bk L, sd R, cl L, fwd R, sd L, cl R to SCAR;

PART A

- 1 – 4 3 PROG TWINKLES;;; MANUV;**
1 – 2 XLIF, sd R trng LF to BJO, cl L; XRIF, sd L trng RF to SCAR, cl R;
3 – 4 XLIF, sd R trng LF to BJO; thru R to Manuv, sd L, cl R to fcg RLOD;
5 – 8 RF TRNG BOX;;;
5 – 6 Bk L trng $\frac{1}{4}$ RF, sd R, cl L; fwd R trng $\frac{1}{4}$ RF, sd L, cl R;
7 – 8 Bk L trng $\frac{1}{4}$ RF, sd R, cl L; fwd R trng $\frac{1}{4}$ RF, sd L, cl R;
9 – 12 PIV TO SCP; THRU, FC & CL; BAL L & R;;
9 – 10 Bk L piv $\frac{1}{2}$ RF, fwd R LOD (W bk L $\frac{1}{2}$ RF) to SCP LOD, fwd L;
thru R to fc, sd L, cl R to BFLY/Wall;
11 – 12 Sd L, XRIB rising, rec L; sd R, XLIB, rec R;
13 – 16 STEP SWING; SPIN MANUV; 2 R TRNG WALTZES TO CP WALL;;
13 – 14 Fwd L, swing R twd LOD, -; fwd manuv R leading W into LF spot spin,
sd L, cl R to CP RLOD;
15 – 16 Bk L trng RF, sd R, cl L, fwd R cont trn, fwd & sd LOD L, cl R to CP Wall;

PART B

- 1 – 4 BOX TO SCAR;; TWINKLE TO BJO;FWD WALTZ;**
1 – 2 Fwd L, sd R, cl L; bk R, sd L, cl R blending to SCAR RLOD;
3 – 4 XLIF, sd R, cl L to BJO LOD; fwd R, fwd L, cl R;
5 – 8 DIAMOND TRNS TO SCAR DW;;;
5 – 6 Fwd DC L trng $\frac{1}{4}$ LF to CBJO, sd R, bk L; bk R trng $\frac{1}{4}$ LF, sd L, fwd R;
7 – 8 Fwd L trng $\frac{1}{4}$ LF to CBJO, sd R, bk L; bk R trng $\frac{1}{4}$ LF, sd L, fwd R;
9 – 12 TWINKLE TO REV BJO; FWD, TCH; 1 R TRN to CP LOD; FWD WALTZ;
9 – 10 Thru XLIF, sd R, cl L to BJO RLOD; fwd R, tch L, -;
11 – 12 Bk L trng RF, sd R, cl L ending CP LOD; fwd R, fwd L, cl R;
13 – 16 2 L TRNG WALTZES;; VINE 3; PU TO SCAR;
13 – 14 Fwd L trng LF, sd R, cl L; bk R cont trn, cl R fcg Wall;
15 – 16 Sd L, XRIB, sd L; fwd R picking W up to SCAR, fwd L, cl R;

ENDING

- 1 – 3 CANTER; TWIRL VINE 3 TO $\frac{1}{2}$ OP & PT;;**
1 – 3 sd L, draw R, cl R, -; sd L, XRIB, sd L (W twirls RF) to $\frac{1}{2}$ OP; pt R, -, -;