

RUMBA AMOR

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Record: Special Pressing "Amor Amor Amor" Flip: "Sway"

Contact Palomino Records

Sequence: INTRO ABC ABC ENDING

Revised 3/3/99

Phase Rating: Rumba, Phase VI

Recommended Speed: 44 RPM's



INTRO

1 - 4 WAIT; SD TO HINGE; REC & CURL TO SHDW WLKS; FAN TRANSITION;

1. Wait in CP Wall with ld ft free and W's L hnd caressing bk of M's neck,-,-;
2. Sd LOD L,-,trng upper bdy LF lower into L leg keeping R sd off ptr (W sd LOD R comm to trn bdy LF,-,on & ct plc L ft undr bdy then lower on L leg while xtndg R ft twd RLOD in Hinge while sliding L hnd down M's R arm and then extending it twd floor),-; [W's timing is S&S]
3. Rec R keeping shape twd LOD and taking jnd ld hnds ovr W's head (W rec R trng 3/8 LF undr jnd ld hnds then releasg jnd hnds at end of Curl) blendg to SHDW DLW,-,bth fwd LOD L,R;
4. Ck fwd LOD L,-,rec R trng slightly RF (W fwd LOD L, fwd R trng 1/2 LF to fc M & RLOD, bk & sd L) to FAN with M fcg Wall,-;

PART A

1 - 4 ALEMANA;; CUDDLES;;

- 1-2. Fwd L, rec R, cl L to R raising jnd hnds to ld W to trn RF (W cl R to L, fwd L, fwd R trng RF to fc M),-;
Bk R, rec L, cl R (W XLIF of R trn RF trng undr jnd ld hnds, fwd R cont RF trn, fwd L to M's R sd) to CP Wall,-;
- 3-4. Cuca sd L to 1/2 OP, rec R, cl L (W trn RF to stp sd & bk R, rec L trn LF, sd R in frnt of M) bth arms arnd W's waist,-; Cuca sd R to L 1/2 OP, rec L, cl R (W trn LF to stp sd & bk L, rec R trn RF, sd L in frnt of M) bth arms arnd W's waist,-;

5 - 8 CUDDLE (JN LD HNDS); UNDRM LUNGE & SPN TO M'S SHDW; WHL TO FC WALL;

W ACRS TO SHDW;

5. Rpt meas 3 of PART A endg in CP Wall with ld hnds jnd high;
6. Trng W undr jnd ld hnds lunge sd RLOD R (On "&" ct W trn 1/2 RF undr jnd ld hnds to fc Wall then lunge sd LOD L), rec L releasg jnd hnds spng 1/2 LF to fc COH (W rec R comm to trn RF passg behnd M on Wall sd of M), sm sd LOD R (W cont passg behnd M stp fwd L to fc COH on M's L sd) to M's SHDW

COH

with R hnds jnd at M's R hip and L hnds jnd acrs frnt of W,-;

7. Whl 1/2 RF stppg bk L,R,L (W fwd R,L,R) to M's SHDW Wall,-;
8. Rk bk R releasg R hnds, rec L, cl R (W fwd L acrs frnt of M, fwd R twd M's R, fwd L trng 1/2 RF on L) to SHDW Wall,-;

9 - 12 ADV SLDG DR; LUNGE & SIT LINE,-,BRING HER BK TO MOD WRP; BK BEND;

FAN TO CROSSED HNDHLD;

9. Fwd L on ball of ft with pressure into floor and bdy trn to R, rec R to fc Wall, bk L sm stp (W bk R trn bdy RF, rec L, trn 1/4 LF fwd R),-;
10. Trng W undr jnd L hnds lunge sd RLOD R lookg L twd LOD (W swvl 1/2 RF on "&" ct undr jnd L hnds to fc RLOD then sit bk LOD L),-rec L, cl R (W rec R leave L hnds jnd trng 1/2 RF, cl L to fc LOD) to end in "L" pos with M fcg Wall (W fcg LOD) with wgt on bth ft and L hnds still jnd but folded acrs frnt of W at waist level with M's L arm on top of W's L arm and M's R hnd arnd bk of W and W's R hnd xtnded dwn twd floor;

11. Keeping wgt on bth ft slowly sway upper bdy twd R while lookg R (W slowly arch bk while sweepg R arm CW taking entire meas for arm sweep to end with R arm xtnded bk twd DRW),-,-,-;
12. Transferrg full wgt to M's L & W's R at end of previous meas rk bk R leave L hnds jnd, rec L trng LF to fc LOD, fwd & sd R (W fwd LOD L, fwd R trng 1/2 LF to fc M & RLOD, bk & sd L) joining R hnds ovr L hnds,-;

13-16 1/2 MOON (FROM FCG);; START 1/2 MOON; UNDRM TRN;

- 13-14. Rk fwd LOD L, rec R trng 1/4 LF to fc COH, sd RLOD L (W rk bk R, rec L, fwd RLOD R) leave hnds crossed to end in "L" pos with M fcg COH,-; Rk bk Wall R, rec L trng 1/4 LF to fc RLOD releasg L hnds and xtndg M's L to sd behnd W, fwd & sd RLOD R (W fwd RLOD L stppg acrs frnt of M, fwd DRW R moving acrs frnt of M twd Wall trng 1/2 LF to fc RLOD releasg jnd L hnds and xtndg L hnd sd twd Wall, fwd & sd RLOD L) to end M fcg DRW (W fcg DRC) with R hnds still jnd,-;
15. Rk fwd RLOD L, rec R trng 1/4 LF (W RF) to fc ptr & Wall, sd LOD L comm to raise jnd R hnds,-;
16. Rk bk COH R, rec L, sd RLOD R (W XLIF of R trn RF trng undr jnd R hnds, fwd R cont RF trn, fwd L to fc ptr & COH) to end fcg ptr & Wall with R hnds jnd,-;

PART B

1 - 4 OP HIP TWST; UNDRM ROLL (W SYNCO); CL & FWD WLK WITH SPRL;

FWD WLK WITH SPRL;

1. With R hnds jnd rk fwd L, rec R, cl L to R (W bk R, rec L, fwd R twd M then swvl 1/4 RF to fc LOD),-;
2. Rk bk R, rec L trng LF to fc LOD and comm to raise jnd R hnds, fwd LOD R trng 1/2 LF taking jnd R hnds ovr W's head (W roll 1 1/2 LF undr jnds R hnds moving twd LOD L,R/L,R) to end bth fcg RLOD with M slightly IF of and to the R of W with W's R arm behnd M and R hnds jnd at M's R hip and free L arms xtnded to sd,-;
3. With identical ftwrk bth cl L, fwd RLOD R, fwd L bth sprl RF raising jnd R hnds and taking them ovr W's head to end bth fcg RLOD with M to the R of W with R hnds jnd acrs frnt of M and free L arms xtnded to sd with M's L arm behnd W,-;
4. Fwd RLOD R,L,R with bth sprling LF on last stp raising jnd R hnds and taking them ovr W's head to end bth fcg RLOD with M to the R of W with W's R arm behnd M and R hnds jnd at M's R hip and free L arms xtnded to sd,-; [Option: Spirals in meas 3 & 4 can be eliminated]

5 - 8 W ACRS TO SHDW WALL; FNC LINE-M PT (W SWVL TO HND SHAKE); W SWVLS;

W SYNC SPN TO FAN;

5. Fwd RLOD L joining L hnds and releasg R hnds, fwd R trng LF to fc Wall/cl L, sd RLOD R (W fwd RLOD L, fwd RLOD comm 3/4 RF roll twd RLOD R/L,R) to end in SHDW Wall with W to R of M,-;
6. XLIF of R, rec R, pt L sd LOD (W XLIF of R, rec R, sm sd L releasg jnd hnds and swvl 1/2 LF to fc COH to end to R sd of M with R hnds jnd),-;
7. Bracing jnd R hnds to enable W to swvl rk sd L, rk sd R, rk sd L (W sm fwd R xing ovr L swvlg 1/4 RF to fc LOD, sm fwd L swvlg 3/8 LF to fc DRC, sm fwd R swvlg 3/8 RF to fc LOD),-;
8. Rk bk R, rec L, sd R (releasg jnd hnds W progresses past M spnng 1 1/2 LF twd LOD L/R,L/R to fc RLOD, bk L) to end in FAN with M fcg Wall,-; [Option: W can eliminate spn and dance her part of a Fan twd LOD]

PART C

1 - 4 ALEMANA;; CK'D ROPE SPN; COMM DBL SPT TRN;

- 1-2. Fwd L, rec R, cl L to R raising jnd hnds to ld W to trn RF (W cl R to L, fwd L, fwd R trng RF to fc M),-; Bk R, rec L, cl R (W XLIF of R trn RF trng undr jnd ld hnds, fwd R cont RF trn, fwd L to M's R sd then sprl RF undr jnd ld hnds to fc COH),-;
3. Rk sd LOD L, rec R, sd LOD L spnng 1/2 LF undr jnd ld hnds to fc COH (W fwd arnd M R,L,R trng sharply RF on last stp to fc ptr & Wall) to LOP fcg pos COH,-;

4. Releasg hnds XRIF of L (bth XIF) comm LF trn (W RF trn), rec L cont trn to fc ptr & COH, pt R sd LOD while tchg ld hnds palm to palm,-;

5 - 8 FIN DBL SPT TRN (W UNDERTRN TO TANDEM); ENDING OF 3 THREES;; ADV HIP TWST;

5. XRIF of L comm LF trn, rec L cont trn to fc ptr & COH, cl R (W XLIF of R comm RF trn, rec R to fc COH, cl L) to TANDEM COH with W IF M,-; [*Option: W can overtrn the spot trn by spinning 1 full RF revolution on the 2nd step*]
6. Placg M's hnds on W's shldr rck sd & fwd L, rec R, cl L releasg hnds from W (W rck sd & bk R, rec L, fwd R swvlg 1/2 RF to fc ptr),-;
7. Rk bk R, rec L, fwd R (W fwd L Wall brushg R to L and swvlg 1/2 RF, fwd COH R brushg L to R and swvlg 1/2 RF to fc ptr, fwd L) to CP COH with W slightly to R of M,-;
8. Fwd L with RF bdy trn, rec R, XLIB of R ld W to twst (W swvl 1/2 RF on "&" ct and rck bk R, rec L swvl 1/2 LF, fwd R outsd ptr swvl 1/4 RF),-;

9 -12 FCG FAN & RELEASE; BREAK APT TO CHEST PUSH; BK WLK 3; CK BK & W ROLL OUT;

9. Rk bk R, rec L trng LF to fc RLOD, fwd & sd R (W fwd RLOD L, fwd R trng 1/2 LF to fc M & LOD, bk & sd L) releasg hnds at end of stp,-;
10. Rk apt L bringing bth hnds in twd bdy and then xtndg them fwd twd ptr with palms up, rec R xtndg hnds out to sd, cl L bringing hnds dwn twd floor with palms fcg LOD (On last stp W stp fwd twd M placg her R hnd on M's chest and xtndg her L hnd dwn twd floor with palm fcg RLOD),-;
11. Keeping arms xtnded as described at end of meas 10 stp bk twd LOD R,L,R (W push M twd LOD stppg fwd L,R,L while xtndg L arm bk & up twd DRC on first stp and leavg it there for rest of meas),-;
12. Ck bk L, rec R, hold/fwd L trng LF to fc Wall, sd R (W ck fwd R, rec L pushg off M's chest and comm RF trn to fc Wall, sd RLOD R cont RF trn to fc COH/sd RLOD L cont RF trn to fc Wall, sd RLOD R) to OP pos fcg Wall; [*Option: M can use timg of Q,Q,Q,Q instead of Q,S&Q*]

13-16 OP FNC LINE & PT; W SPN TO SHDW AND PNT; SLOW SWAY LINE; FAN TRANSITION;

13. Bth XLIF of R, rec R, pt L LOD,-;
14. M hold entire meas (Leave M's R & W's L hnds jnd W roll LF twd M L,R to MOD WRP Wall with M's R & W's L hnds jnd at W's R hip, pt L sd LOD releasg jnd hnds and blendg to SHDW Wall with M's R hnd on W's R hip and all other free hnds xtnded to sd,-);
15. Use entire meas to sway upper bdy RF keeping heads L while slowly sweepg R hnds upward and sweepg L arm arnd W to end with R hnds xtnded upward with R palms fcg COH and L arms folded acrs frnt of W with M's L arm slightly above but not tchg W's L arm,-,-,-;
16. Stp in plc L correctg sway and placg L hnd on W's L forearm while persuadg her to move twd LOD,-,rec R (W rec L comm to move twd LOD, fwd R LOD trng 1/2 LF to fc RLOD, bk L) to FAN with M fcg Wall,-;

ENDING

1 - 2 STOP & GO HKY STK WITH M'S LUNGE; W SWVL TO SAME FT SIT LINE;

1. Rk fwd L, rec R raising L arm to ld W to a LF undrm trn, sm sd LOD L in M's lunge line catchg W with R hnd on W's L shldr blade at end of stp and lookg at W (W cl R, fwd L, fwd R trng 1/2 LF undr jnd hnds to end at M's R sd),-;
2. Rec R swvlg slightly LF to fc W and DLW (W rec L swvlg LF and ronde R ft CCW to end fcg M and DRC),-,lower into R leg leaving L ft pointed fwd (W cl R to L on "&" ct then lower into R leg and pnt L ft fwd) while joining R hnds and extending L arms to sd,-; [*W's timing is S&S*]